Roadmap to the Ideal You

*an e-workshop with Aliza Bulow fall 5774 2013*

Getting To Know You

*all answers will be held in strict confidence*

Name and contact information that you would like me to have:

What parts of your life story would you like me to be aware of as I teach this series?

What are some of the significant challenges you face?

Which of those challenges would you like to address at some point this year?

What parts of your Jewish journey would you like to share with me?

What are some challenges you are facing specifically in that journey?

What are some of the goals you have set or are thinking about setting for yourself?

What kind of support would be helpful to you?

Is there something specific that you would like me to address in the context of this series?

What else would you like to share with me?